



# Be a part of a relaxing YOGA RETREAT

*For a week!*

- 5 Days Yoga retreat at a luxury hotel
- 2 Days River Side Tent
- Yogic Food & Life
- Hatha Yoga Practice
- Bhakti Yoga & Karma Yoga
- Meditation Practice
- Adventure sports with Rafting and Hikes to secret waterfalls
- 1 day self exploration

